



Date		Initials	
Approved	<input type="checkbox"/>	Not approved	<input type="checkbox"/>
Cancelled	<input type="checkbox"/>	Change/update	<input type="checkbox"/>

## Service Area 4

### Mental Health Promoters

DATE	8/25/2025	<input type="checkbox"/> Face-to-Face <input checked="" type="checkbox"/> Virtual Presentation	
DMH Promoter(s)		<input type="checkbox"/> MS Teams <input checked="" type="checkbox"/> Zoom <input type="checkbox"/> Other	
Online Link	255 887 5306 passcode: nasa		
Contact Name	Ana Silvia Chavez	Requesting Organizations	NEW Academy
Contact Phone	323 8197689	Contact Email	morejon@newnasa.org
Workshop Time	9am	Language Preference	Español
Address	379 Loma Dr. Los Angeles CA. 90017		

Date(s) Selected:	UMHP Workshop Topic(s)
2/24/2026	Emotional Wellbeing and Stress/ Bienestar Emocional y Estrés
3/3/2026	Mental Health, Stigma, and Resilience/ Salud Mental y Estigma
3/10/2026	Understanding Depression and Growing Resiliency/ Depresión
3/17/2026	Grief, Loss and Resilience/ Perdida, Duelo y Resiliencia
3/24/2026	Understanding Anxiety and Building Resilience/ Comprendiendo el Trastorno de Ansiedad
4/7/2026	Family Violence: Awareness, Prevention and Resilience / Violencia Familiar
4/14/2026	Understanding the Impact of Addiction & Mental Wellness/ Adicción y Bienestar Mental
4/21/2026	Suicide Prevention and Resilience/ Concienciación Sobre el Suicidio
4/28/2026	Child Abuse Prevention and Resilience/ Prevención Abuso Infantil y Resiliencia
5/5/2026	Understanding Neurodevelopmental Disorders/ Trastornos de Neuro-Desarrollo
5/12/2026	Understanding Childhood Behaviors and Disorders/ Comprendiendo los Comportamientos y los Trastornos de Menores
5/14/2026	Bullying Prevention: Kindness, Acceptance and Inclusion / Prevención Acoso: Amabilidad, Aceptación e Inclusión
5/19/2026	Immigration, Mental Health and Resilience/ Inmigracion, Adaptacion y Resiliencia